2013 Winter Games

March 9th & 10th

Greater Worcester Area

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Welcome Letter

February 12, 2013

Dear Athletes, Coaches, Volunteers & Families;

It gives me great pleasure to welcome you to the 2013 Special Olympics Massachusetts Winter Games. I am very excited about this event as it will be my first State Competition as the new President & CEO. I follow an incredible leader in this movement in Bob Johnson, CEO Emeritus, and am humbled by his legacy. I look forward to leading Special Olympics Massachusetts into its next phase and serving the many amazing athletes that call Special Olympics Massachusetts home.

To the Athletes, I wish you good luck in doing your personal best in your sport whether it is skiing, basketball, bowling or floor hockey. To the Coaches, I extend my thanks for the countless hours you provide of training and, most importantly, of friendship to our incredible athletes. To our Games Management Team members who work tirelessly behind the scenes, I extend my gratitude for the time and effort you have put in. To the Families, I hope you walk away from this weekend filled with pride for the accomplishments of your family member(s) participating. To our Volunteers, I thank you for making sure all the hard work comes to fruition in a quality manner the day of the event.

We come together this weekend to create and participate in one of the larger sporting events in the state. We do that with an incredible team of people who believe in the abilities of our athletes, not their disabilities. We could not do it without each and every one of you, so, THANK YOU.

I look forward to meeting many of you this weekend and, if not, in the near future. GOOD SUCCESS.

In the Spirit of Special Olympics,

Mary Beth McMahon
President & CEO

General Schedule of Events

Saturday:

9:00 am	Teams begin arriving at competition venues
10:00 am	Competition begins
11:30 am	Lunch served
1:30 pm	Lunch closes
4:00 pm	Hotel check in opens
4:00 pm	Competition ends
4:00 pm	Healthy Athletes Screening in Marlborough begins
5:00 pm	Dinner served
6:30 pm	Dinner ends
6:30 pm	Olympic Town opens & Dance starts
7:00 pm	Coaches meeting (*see page 17 for more info*)
8:00 pm	Healthy Athletes ends
9:00 pm	Olympic Town & Dance ends

Sunday:

6:00 am	Breakfast served
6:45 am	Shuttle bus service begins
8:00 am	Breakfast ends
9:00 am	Competition begins

- Hotels rooms **MUST** be vacated before leaving for competition on Sunday
- Awards will be presented on Sunday at the conclusion of your division's play

Housing Information

Check in:

- starts at **4pm** at your assigned hotel
- Teams must check in with the SOMA staff or designated volunteer at the hotel
- Luggage may be stored at your hotel prior to check in (*Please check with your assigned hotel before arriving)*

Check Out:

- All participants must check out of the hotels prior to leaving for competition on Sunday. Please confirm check out time upon arriving at your hotel

Hotel	Address	Phone #	Wrist Band
Beechwood Hotel	363 Plantation St, Worcester	508-754-5789	Blue
Best Western Royal Plaza	181 Boston Post Rd, Marlboro	508-460-0700	Yellow
Comfort Inn	426 Southbridge St, Auburn	508-832-8300	Pink
Courtyard Marriot	72 Grove St, Worcester	774-670-5025	Blue
Days Inn	889 Boston Turnpike, Shrewsbury	508-842-8500	Green
Embassy Suites	123 Boston Post Rd, Marlboro	508-485-5900	Yellow
Fairfield Inn & Suites	718A Southbridge St, Auburn	508-832-9500	Pink
Hampton Inn	277 Boston Post Rd, Marlboro	508-787-9888	Yellow
Hampton Inn	736 Southbridge St, Auburn	774-221-0055	Pink
Hampton Inn	110 Summer St, Worcester	508-757-0400	Blue
Hilton Garden Inn	35 Major Taylor Blvd, Worcester	508-753-5700	Blue
Holiday Inn Express	10-12 Johnson St, Auburn	508-832-2500	Pink
Holiday Inn	265 Lakeside Ave, Marlboro	508-481-3000	Yellow
Holiday Inn	150 Royal Plaza Dr, Fitchburg	978-342-7100	Orange
Residence Inn	503 Plantation St, Worcester	508-753-6300	Blue

Junior Team Housing

In 2012, 3,265 of the 2,410 individuals registered for Winter Games required housing. For the 2013 games, SOMA has 2,410beds booked in 15 different hotels in Auburn, Fitchburg, Marlboro, Shrewsbury, and Worcester. The number of participants in the State Winter Games surpassed those of the State Summer Games:

Winter Games			**Summer Games**		
	2011	**2012**		**2011**	**2012**
Athletes	1,979	2,045	Athletes	1,897	1,932
Chaperones	266	182	Chaperones	267	223
Coaches	487	496	Coaches	580	558
Unified Partners	479	500	Unified Partners	155	137
Total	3,211	3,223	Total	2,899	2,850

Rather than establishing a quota system for Winter Games *(assigning X number of slots to a section based on number of athletes in training for a particular sports season)* a recommendation was put forth and approved by the Sports Advisory Committee AND the Program Committee of the Board of Directors to have **junior teams *(aged 8-15)*** commute and compete in a one day tournament. SOMA would still provide lunch and adjust the program service fees accordingly to $20. In 2011, SOMA had 584 athletes under the age of 16 registered for Winter Games. Approximately 213 of those junior athletes were housed *(as were their coaches and chaperones).* Many of these junior athletes that were housed requested or required one-on-one supervision since their programs and/or families were not comfortable having athletes of this age stay alone overnight without adult supervision.

Eliminating the housing option for junior teams is a fair and consistent solution across the board for multiple reasons:

- Many extra coach requests are attributed to accommodating younger athletes who require more supervision. They will, of course, have the opportunity to be housed in the future as they become of age.
- It gives SOMA flexibility in assigning rooms.
- Allows SOMA to accommodate more athletes by not turning anyone away through a quota system *(see above)*
- Feedback from programs with younger athletes suggests that a weekend long event is too much for their younger athletes to handle.

As stated above, SOMA will still provide lunches and Olympic Town to junior teams on whichever day they compete. Please note that these restrictions will only apply to our Winter Games due to the limited availability of housing in and around the Worcester area. Housing at other tournaments will not be affected.

Meals

Saturday:

- 11:30 am – 1:30 pm Lunch Turkey Sandwich, Chips, Fruit
- 5:00 pm – 6:30 pm Dinner Chicken, Rice, Mixed Vegetables, Water

Dinner Venue	Hotels Assigned to Dinner Venue
Best Western Marlboro	Best Western & Hampton Inn Marlboro
Holiday Inn Fitchburg	Holiday Inn Fitchburg
Embassy Suites	Embassy Suites
Hilton Garden Inn	Hilton Garden Inn & Hampton Inn Worcester
Holiday Inn Marlboro	Holiday Inn Marlboro
Mt Carmel Recreation Center	All Auburn Hotels
St. Georges, Worcester	Days Inn, Beechwood Hotel, Residence Inn, Courtyard Marriott Worcester

Sunday:

- 6:00 am – 8:00 am Breakfast Continental Breakfast at your hotel

Notes regarding meals:

- If you or your athletes have specific dietary needs or do not like the choices listed, please make arrangements to bring your own lunch, dinner or breakfast. Special Olympics Massachusetts will not reimburse you if you choose not to eat the meal we provide
- Breakfast will be available on Sunday at each hotel for those who stay overnight. All others will be expected to eat breakfast before arriving at their venues. Special Olympics Massachusetts will not reimburse you if you are not staying overnight at a hotel and have to eat prior to arriving at your venue
- Lunch will be available to volunteers **after** all athletes, coaches & chaperones have eaten
- Concessions **may be** available at your venue
- All meals **will only** be made available to credentialed athletes, unified partners, coaches & chaperones
- Due to space and budget limitations, non-credentialed individuals, such as family members, **will not** be able to attend dinner provided by Special Olympics Massachusetts
- Dinner venues and menu are subject to change

Shuttle Bus Information

Free SOMA shuttle service will run starting Saturday from competition venues to hotels and operate throughout the weekend. If you plan to use this service, please make SOMA staff aware of it so we can plan our bus schedules. Please plan to arrive at your venue an hour and a half to two hours prior to the start of your first game. SOMA encourages programs to take advantage of the transportation that is provided as parking is limited at several locations.

- Shuttle bus service is provided to athletes, coaches, and chaperones, as well as to volunteers and family members
- Shuttle buses are yellow school buses and will be marked as Special Olympics Buses
- On Sunday morning, athletes and coaches should plan to board buses 45-60 minutes prior to desired arrival time at respective venues depending on distance from hotel

- There will be no shuttle bus provided to Wachusett Mountain
- Shuttle bus schedules will be provided to all programs prior to the tournament, posted in your hotel lobby & provided at check in
- Shuttle buses will be leaving at designated times. If you miss your scheduled departure time, you must wait for the next scheduled bus

Shuttle Bus Schedule:

Saturday

8:30 am	Pre scheduled buses will depart from designated pick up points to take teams to venues
2:00 pm	Shuttle bus service from competition venues to hotels
4:15 pm	Shuttle bus service from hotels to Dinner venues begins ***Check schedules posted in hotel lobby***
7:00 pm	Shuttle bus service leaves Dinner Venues for Hotels & Dance
9:00 pm	Shuttle bus service from Dance back to Hotels

Sunday

7:00 am	Shuttle bus service to competition venues begins
4:00 pm	Shuttle bus service ends

- SOMA will not be providing wheelchair transportation. If you are in need of special services please contact Terry Keilty (508-485-0986 ext. 224 or terry.keilty@specialolympicsma.org) prior to the games so the proper arrangements may be made

Parking Information

- Worcester Academy: There is no parking available on campus.
- Clark University: please park in the Kneller Center Garage. Please note that the garage is very tight. Be aware of your surroundings, traffic patterns and fellow commuters when parking in this garage
- Mechanics Hall: There is no parking on site at Mechanics Hall. Please use the SOMA shuttle bus service. If you do not take a SOMA shuttle, be prepared to park in one of the many pay to park lots in downtown Worcester. Special Olympics Massachusetts will not reimburse you for parking.
- Mechanics Hall: For those programs that have specialized wheelchair transport please drop off at the Waldo Street entrance to Mechanics Hall. There is an elevator at that entrance to take you up to both Olympic Town & the Dance

Venue Information

Competition Venues:

AMF Lanes Auburn	Bowling	101 Southbridge St Auburn	508-791-5700
AMF Town & Country Lanes	Bowling	405 Boston Tpke Shrewsbury	508-754-7050
Assumption College	Basketball	500 Salisbury St, Worcester	508-767-7000
Auburn High School	Basketball	99 Auburn St, Auburn	508-832-7711
Bancroft School	Basketball	110 Shore Dr, Worcester	508-853-2640
Clark University Kneller Ctr	Basketball	Downing St, Worcester	508-793-7711
North High School	Basketball	150 Harrington Way, Worcester	508-799-3370
Norte Dame Academy	Basketball	425 Salisbury Ave, Worcester	508-757-6200
Shrewsbury High School	Basketball	64 Holden St, Shrewsbury	508-841-8860
South High School	Floor Hockey	170 Apricot St, Worcester	508-799-3325
Wachusett Mountain	Skiing	499 Mountain Rd, Princeton	978-464-2300
Worcester Academy	Basketball	81 Providence St, Worcester	508-754-5302
Worcester Technical High	Basketball	Skyline Dr, Worcester	508-799-3116

Special Event Venues:

Best Western	Healthy Athletes/ Dance/O-Town	181 Boston Post Rd, Marlboro	508-460-0700
Mechanics Hall	Dance/O-Town	321 Main St, Worcester	508-752-8442

Dinner Venues:

Mt Carmel Recreation Center	55 E. Central St, Worcester	508-797-4546
St. George's, Worcester	30 Anna St, Worcester	508-438-3770

Best Western
Embassy Suites Marlboro
Hilton Garden Inn
Holiday Inn Marlboro
Holiday Inn Fitchburg

- Hotel Venues (*lodging & dinner*) please refer to page 5 for hotel address & phone numbers.

Directions

- Before leaving for Winter Games double check the directions using www.google.com/maps
- If you have a navigation system like a TomTom or Garmin use the address listed on page 5 (*hotels*) & page 9 (*competition & special event venues*)

Venues:

AMF LANES AUBURN

- I-290 East to exit 9, Auburn St. Turn SLIGHT RIGHT onto SWANSON RD. Then a LEFT on Southbridge St; follow to bowling alley.
- I-290 West, Exit 11. Take the SOUTHBRIDGE STREET ramp toward AUBURN. Keep RIGHT at the fork to go on SOUTHBRIDGE ST. Follow to bowling alley.

AMF TOWN AND COUNTRY LANES,

- I-290 East, exit 17 to merge onto Rt. 9. Turn RIGHT onto BELMONT ST / MA-9. Continue to follow MA-9 E. Make a U-TURN at LAKE ST and follow to the bowling Alley
- I-290 West, Exit 23A toward Shrewsbury. Turn SLIGHT RIGHT onto GRAFTON ST. Turn RIGHT onto BOSTON TURNPIKE / MA-9 W. Make a U-TURN at LAKE ST and follow to the bowling Alley

ASSUMPTION COLLEGE & NORTE DAME ACADAMEY

- I-290 East, Exit 17, Turn LEFT onto Belmont Street. Bear RIGHT onto Lincoln Street (staying in left lane) and turn LEFT at the lights onto Concord Street. Follow Concord Street, bearing RIGHT onto Salisbury Street. Cross over Park Avenue (Rt. 12/122A) and continue on Salisbury Street to Assumption College.
- I-290 West, Exit 18 onto Lincoln Street. Take a RIGHT onto Concord Street. Follow directions above from Concord St

AUBURN HIGH SCHOOL

- I-290 East, Exit 9 Swanson Rd. Right onto Swanson Rd. Left Rte. Southbridge St. Left Auburn St.
- I-290 West, Exit 9 Auburn St. Left onto Auburn St

BANCROFT SCHOOL

- I-290, Exit 19, Take first exit (*Exit 1*) before Greendale Mall. Enter Route 12 North and immediately cross into left lane to take first left (*access road to I-190*). Next, take immediate right fork to NORTON DRIVE. Turn left at traffic lights.
- Bancroft School is the second building on the right (*after the YMCA*).

CLARK UNIVERSITY, KNELLER CENTER,

- I-290 East, exit 11. Stay straight onto Southbridge St. Turn LEFT onto Cambridge St. Go over bridge and take immediate RIGHT onto Richards ST. RIGHT onto Main St. LEFT onto Downing ST.
- I-290 West, exit 18 toward Rt. 9. Turn SLIGHT RIGHT onto LINCOLN ST / MA-70 S. LINCOLN ST / MA-70 S becomes WORCESTER CENTER BLVD. Turn SLIGHT RIGHT onto SCHOOL ST. Turn LEFT onto MAIN ST. Turn RIGHT onto DOWNING ST.
- Kneller Center will be up hill on RIGHT hand side. Park in parking garage.

MECHANICS HALL

- 290 East Exit 16, Turn left onto Central Street.
- 290 West, Exit 16, Turn right. At Main Street, turn left

MT. CARMEL RECREATION CENTER

- I-290 East, Exit 16. Turn RIGHT onto E CENTRAL ST.
- I-290 West, Exit 16. Turn LEFT onto E CENTRAL ST.

NORTH HIGH SCHOOL

- I-290 East, Exit 14. Turn RIGHT onto GRAFTON ST. Continue onto HAMILTON ST. Take a LEFT onto HARRINGTON WAY.
- I-290 West, Exit 14. Turn LEFT onto GRAFTON ST. Follow directions above from Grafton St

SHREWSBURY HIGH SCHOOL

- I-290 East, exit 22, LEFT onto Main St. RIGHT onto Holden St
- I-290 West, exit 22, MERGE onto Main St. RIGHT onto Holden St

SOUTH HIGH SCHOOL

- I-290 East, Exit 11. Stay STRAIGHT to go onto SOUTHBRIDGE ST. Turn LEFT onto CAMBRIDGE ST. Turn SLIGHT LEFT onto MAIN ST / MA-12. Continue to follow MAIN ST. Turn SLIGHT RIGHT onto APRICOT ST.
- I-290 West, Exit 12. Turn SLIGHT LEFT onto HARDING ST. Turn SLIGHT RIGHT onto CAMBRIDGE ST. Follow directions above from Cambridge St

SAINT GEORGE'S

- I-290 East, Exit 9. Right onto Belmont St. Right onto Coburn Ave. Left onto Anna St
- I-290 West, Exit 22, Merge onton Main St. Left onto N Lake Ave, Right onto Anna St

WACHUSETT MOUNTAIN,

- Route 2 to exit 25. Take Route 140 S for 3 miles. Wachusett access road will be on the right.
- Rt. 290 East to Route 190 North. Take exit 5, Route 140 North, for approximately 9 miles to the access road on the left.

WORCESTER ACADEMY

- I-290 East, exit 13. Right onto 122A/Vernon St. Left at Jefferson St. Right at Providence St
- I-290 West, Exit 14. Follow exit ramp straight ahead until it ends. Turn left up Harrison Street. At stop sign turn right onto Providence Street. The Academy is two blocks up on the left.

WORCESTER TECHNICAL HIGH SCHOOL,

- I-290 East, exit 17, Rte. 9. Take a RIGHT at the light and follow Rte. 9 to the top of the hill past the pond. Take a LEFT onto Skyline Drive at the first light following the pond.
- I-290 West, exit 19 for Rte. 9/Lincoln Street. Take a RIGHT at the first light. At the next light bear LEFT for Rte. 9. At the following light turn LEFT onto Rte. 9 East. Follow directions above from Rte. 9

Hotels:

BEECHWOOD HOTEL

- I-290 East, exit 15 to merge onto Shrewsbury St. Slight RIGHT at Belmont St/RT-9 E. Slight LEFT at Plantation St. Make a U-turn at S Rd.

BEST WESTERN ROYAL PLAZA

- Route 495, exit 24B onto Route 20 West. The Royal Plaza entrance is located one mile West on the Right hand side.
- The Hotel is not visible from the street. The Best Western is located about ½ mile back.

COURTYARD MARRIOTT FITCHBURG

- Route 2 West, Exit 28,LEFT at the end of the exit ramp.

COMFORT INN AUBURN

- I-290 Exit 7 toward I-90/Mass Pike/Auburn. Turn sharp LEFT onto Southbridge Street/Route 12.

COURTYARD BY MARRIOTT

- I-290 East, Exit 17, Route 9 toward Ware/Framingham. Turn LEFT onto Belmont Street/Route 9 West. Turn slight RIGHT onto Route 70 North/Lincoln Street. Turn slight LEFT onto Concord Street. Turn RIGHT onto Grove Street.
- I-290 West, Exit 18 toward Route 9/Lincoln Square. Turn slight RIGHT onto Route 70 South/Lincoln Street. Turn slight RIGHT onto Concord Street. Turn RIGHT onto Grove Street

DAYS INN

- I-495 exit 23-B, onto Rte 9 West 6 miles. Hotel on right.

EMBASSY SUITES

- I-495, Exit 24B, Route 20 West/Northboro.
- The Embassy suites will be one half mile on the right before the Pet Source store.

FAIRFIELD INN AND SUITES & HAMPTON INN AUBURN

- I-90, exit 10 toward Worcester/I-290/I-395/Auburn/RT-12. Keep right at the fork, follow signs for RT-20 W/Sturbridge/Charlton/RT-12 S and merge onto RT-12/Southbridge St
- I-290 West, exit 8 toward Webster/RT-12 S. Turn LEFT at Oxford St N (*signs for Webster/RT-12 S/Oxford.*) Turn right at RT-12/Southbridge St

HAMPTON INN MARLBOROUGH

- I-495 Take exit 24B onto Route 20 West.
- Entrance is located one mile West on the Right hand side.

HAMPTON INN, WORCESTER

- I-290 Exit 16, toward Downtown Worcester, onto East Central Street and then RIGHT onto Summer Street.

HILTON GARDEN INN

- I-290 /Worcester, Exit 16, East Central Street, toward Downtown Worcester. Turn LEFT onto East Central Street and then RIGHT onto Worcester Center Blvd.

HOLIDAY INN MARLBOROUGH

- I-495, exit 24A to merge onto US-20 E/Lakeside Ave toward Marlboro

HOLIDAY INN EXPRESS

- I-290 Exit 7, sharp LEFT onto Southbridge Street. Take a LEFT across from the Heritage Mall onto Johnson Street.

RESIDENCE INN BY MARRIOTT

- I-290 East, exit 21 to merge onto Plantation St
- I-290 West, exit 22 Merge onto Main St N. Continue on Lincoln St. Turn LEFT at Plantation St

Alpine Skiing

Venue: Wachusett Mountain

Volunteer Management Team:

Linda Barbour, Trail Coordinator
Kathy Chandler, Competition Director
Tom Flynn, Competition Director
Todd Morin, Staging Director
Kevin Shea, Trail Coordinator
Michelle Bouvier, Volunteer Coordinator
Sue Flynn, Medical Director
Cheryl Morin, Staging Director
Dave O'Doherty, Trail Coordinator
Kevin Walsh, Trail Coordinator

Special Olympics MA Liaison: Andrew MacLeay

- Events Offered:
  - Category 1: 10M, Glide, Super Glide
  - Category 2: Downhill, Giant Slalom, Slalom,
- Athletes may only participate in one of the above categories
- Categories may not overlap
- Athletes may participate in all 3 events within their category
- Schedule is subject to change

Saturday:

7:30 am	Athletes arrive, meet volunteer escorts, get acclimated to mountain trails & facilities
9:00 am	Coaches meeting
9:15 am	Opening Ceremonies
9:30 am	Athlete staging for morning races begins
10:00 am	Competition begins
	Glide
	Giant Slalom Time Trials (*2 runs*)
11:30 am	Lunch break
12:30 pm	Athlete staging for afternoon races begins
1:00 pm	Competition resumes
	Slalom (*2 runs*)
	10M & Super Glide
2:00 pm	Competition ends
	Awards Presentations
	10M, Glide, Slalom & Super Glide awards

Sunday:

7:30 am	Athletes arrive, meet volunteer escorts, get acclimated to mountain trails & facilities
9:15 am	Coaches meeting
9:30 am	Athlete staging for morning races begins
10:00 am	Competition begins
	Giant Slalom (*2 runs*)
11:30 am	Break
12:30 pm	Athlete staging for afternoon races begins
1:00 pm	Competition resumes
	Downhill (*1 run*)
2:00 pm	Awards presentation
	Giant Slalom & Downhill

Basketball & Basketball Skills

Venues:

Assumption College	Auburn High School	Bancroft School
Clark University	Notre Dame Academy	North High School
Shrewsbury High School	Worcester Academy	Worcester Technical High School

Volunteer Management Team:

Cathy Capozzo, Clark Volunteer Coordinator
Ellen Ganley, Auburn Volunteer Coordinator
Andrea Hevey, Shrewsbury Volunteer Coordinator
Helen King, Competition Director
Scott Lamkin, Bancroft Venue Director
Jay Lichenstein, Skills Director
Tim McKay, Clark Venue Director
Aiyanna Medeiros, Bancroft Volunteer Coordinator
Bob Murdock, Tech Venue Coordinator
Deb Piazza, Assumption Volunteer Coordinator
Mary Stefany, Shrewsbury Volunteer Coordinator
Jon Samel, Worcester Academy Venue Director
Pat Diskin, Tech Venue Director
Bruce Hannon, Auburn Venue Director
Bill Johnson, Assumption Venue Coordinator
Matt King, Shrewsbury Venue Director
Zach Lamkin, Bancroft Venue Director
George Martin, North Venue Coordinator
Tom Millett, North Venue Director
Kristen Pappas, Auburn Host
Gus Piazza, Assumption Venue Director
Jan Spence, North Volunteer Coordinator
Brian Wales, Shrewsbury Venue Coordinator

Officials Coordinators:

Jack Doyle Mark Friedman Babe Grady, *IAABO Liaison* John Karo
Rita Stokinger

Divisioning Committee:

Sam Baglioni, Dave Briggs, Mary Lou Best, Sean Canty, Joe Cappello, Brenna Davis, Kate Dyer, Andrea Hevey, George Kent, Matt King, Helen King, Lee Lamkin, Scott Lamkin, Andrew MacLeay, Art Merriam, Jean Merriam, Matt Millett, Matt Ruxton, Christin Santiago, Cory Zarrella

Special Olympics Liaison: Matt Ruxton

- Venue assignments will be sent via email and posted on our website to coaches the week of Winter Games
- Venue specific schedules will be sent via email and posted on our website to coaches the week of Winter Games
- Schedules are Subject to Change

Saturday:

9:00 am	Teams begin arriving at Venues
9:30 am	Officials & coaches meeting
10:00 am	Tip off (*competition begins*) / Basketball Skills begins
11:30 am	Lunch opens
12:30 pm	Shift two officials meeting
1:00 pm	Basketball Skills shift 2 begins
4:00 pm	Competition concludes

Sunday:

8:00 am	Teams begin arriving at Venues
8:30 am	Officials & coaches meeting
9:00 am	Tip off (*competition resumes*) / Basketball Skills begins
11:30 pm	Shift two officials meeting
3:00 pm	Competition conclude

Floor Hockey

Venue: South High School

Volunteer Management Team:
Paul Mahan, Competition/Venue Co-Director
Bob Thebeau, Competition/Venue Director
Don Sharron, Head Official

Special Olympics Liaison: Matt Ruxton

- Schedules will be sent via email and posted on our website to coaches the week of Winter Games
- Saturday games will be a round robin tournament to determine seeds for Sunday
- Sunday Games will be medal round competition
- Schedules are Subject to Change

Saturday:

9:00 am	Teams begin arriving at Venues
9:30 am	Officials & coaches meeting
10:00 am	Puck Drop (*competition begins*)
11:30 am	Lunch opens
2:00 pm	Competition ends

Sunday:

9:00 am	Teams begin arriving at Venues
9:30 am	Officials & coaches meeting
10:00 am	Puck Drop (*competition resumes*)
12:30 pm	Awards Ceremony
2:00 pm	Competition ends

Ten Pin Bowling

Venues:
AMF Lanes Auburn AMF Town & Country Lanes Shrewsbury

Volunteer Management Team:
Sue Borden, Venue Director Shrewsbury
Amanda Gonyea, Volunteer Coordinator Shrewsbury
Warren Kennedy, Venue Co-Director Auburn
Michelle Grahn, Volunteer Coordinator Auburn
Dan Smith, Venue Co-Director Shrewsbury
Matthew Whitty, Venue Director Auburn

Special Olympics Liaison: Andrew MacLeay

- Saturday Bowlers will bowl 3 strings
- Sunday Bowlers will bowl 2 strings
- Venue placement will be determined by the discipline (*traditional or unified*) with the highest participation numbers (*the discipline with the larger numbers at Auburn*)
- Venue assignments & shift assignments will be sent via email and posted on our website to coaches the week of Winter Games
- Schedules are Subject to Change

Saturday:

9:00 am	Shift 1 bowlers begin to arrive
9:30 am	Welcoming Ceremony
9:45 am	Warm up period
10:00 am	Warm up ends & Competition Begins
12:00 pm	Shift 1 ends
1:00 pm	Shift 2 bowlers arrive
1:30 pm	Welcoming Ceremony
1:45 pm	Warm Up period
2:00 pm	Warm up ends & Competition Begins
4:00 pm	Shift 2 ends

Sunday:

8:00 am	Shift 1 bowlers begin to arrive
8:30 am	Review of schedule and awards procedure
	Warm up period
9:00 am	Competition resumes
10:30 am	Competition ends & Rolling Awards as divisions finish
12:00 pm	Shift 2 bowlers arrive
12:30 pm	Review of schedule & awards procedure
	Warm Up period
1:00 pm	Competition resumes
3:00 pm	Competition ends & Rolling Awards as divisions finish

Coaches Responsibilities

- Provide for the general welfare, safety, health and well-being of each Special Olympics athlete in your charge
- Assure that your athletes are assembled at the proper time and place for ceremonies, meals, training and competition
- Be thoroughly familiar with all information in this handbook and in all coaches' information given out prior to or during the Games
- Provide the following specific services to each athlete under your care
- Supervision 24 hours a day in cooperation with other coaches in your delegation
- Assistance in accounting for luggage and/or personal items at all times
- Assistance in getting to meals, competitions, clinics and other events at scheduled times and ensuring proper hydration for athletes.
- Make sure prescribed medications are taken at proper times
- Make sure athletes wear credentials at all times
- Keeping track of equipment and assuring athletes use only equipment specifically fitted to each individual
- Accompany your athletes to and from hotels, sport venues and special events
- Dress and act at all times in a manner which will credit Special Olympics Massachusetts and your delegations
- Have copies of all medicals in your possession
- Report all emergencies to appropriate authorities after taking immediate action to ensure the health and safety of participants
- Know the location of the nearest medical service personnel at all times
- **Be courteous to all volunteers**
- Be aware that **NO ALCOHOLIC** beverages or non-prescription drugs will be allowed at any competition or special event site.
- Agree to abstain from smoking at all competition and special event sites.
- Abide by athlete/coach ratio of 3:1 for individual sports and 4:1 for team sports
- Note that special equipment such as elbow pads, walkers, sport goggles, personal items and competition aids are the responsibility of the local program.
- All competition will be conducted in accordance with the rules as specified in the Special Olympics Rules and the National Governing Body Rules for each sport
- Uniforms – All athletes must wear proper clothing for competition: shorts, t-shirts, sneakers, etc. In the judgment of the Official, if an athlete is improperly outfitted, he/she may not be allowed to compete. Jeans, slacks, sport shirts, sweaters or shoes are not proper clothing. Medals, hats and jewelry may not be worn during competition.

ANY VIOLATION OF THESE RESPONSIBILTIES WILL RESULT IN THE IMMEDIATE EXPULSION FROM THE WINTER GAMES!

Coaches Meetings

- Alpine Skiing
  - Saturday & Sunday at 9:15 am in Granite Room
- Basketball
  - Saturday & Sunday check with your venue director at check in
  - Saturday 7:00 pm rear 1st floor lobby of Mechanics Hall
- Floor Hockey
  - Saturday & Sunday check with your venue director at check in
- Ten Pin Bowling
  - Saturday & Sunday check with your venue director at check in

Code of Conduct Policy

General Statements of Principle

- The following disciplinary procedures are intended to be used when other informal disciplinary procedures have failed. SOMA participants and staff members should try to resolve the problem informally before making a formal report.
- If resort to disciplinary procedures is necessary, all parties should carry out these procedures in a way that minimizes disruption to other SOMA participants and SOMA-sponsored activities.

Reporting Code Violations

- Anyone may report a violation of the Code. Report may be submitted against: an athlete, coach, volunteer, and staff.
- A reporting party must complete and sign Code of Conduct Infraction Form,
- The person reporting the incident must complete and file a Code of Conduct Infraction Form within one week of when the violation occurred or was discovered.
- A report must be filled with in seven (7) days of the incident.

Code Violation Determinations

- Upon being notified of a Code violation, the Vice President for Program will immediately take appropriate disciplinary or remedial actions.
- After receiving a Code of Conduct Infraction Form the Vice President for Program will respond and follow up with in two weeks to the individual who filled the form
- After receiving a copy of Code of Conduct Infraction Form and upon recommendation of further action by the Section Director, the Vice President for Programs will form a Conduct Review Group ("CRC") to investigate and resolve the matter.
- The CRC will submit to the Participant(s) named in the Incident Report with a notification letter.
- Within 3 weeks of mailing the Notification Letter, but not before providing the Participant named in the complaint a full opportunity to respond, the CRC will consider all information available to it about the alleged incident in making its determination.
- The CRC may also permanently expel the Participant from participating in SOMA events and activities with approval from the SOMA President/CEO.
- Upon making its determination, the CRC will promptly send to the affected parties by certified mail a Decision Letter notifying them of their decision.

APPEALS PROCESS

Appeal of Initial Code Determinations

- Determinations made on-site for Code violations, including temporary expulsion from the remainder of an event, may not be appealed.

Appeal of Code Determinations

- Determinations in response to Code violations may not be appealed unless:
    - The determination calls for a Participant's permanent expulsion from SOMA activities
    - The Section Director, SOMA Staff, or CRC substantially deviated from the disciplinary procedures
- In either of the two cases listed above, a participant may appeal the decision to the Vice President for Program Terry Keilty
- Upon receiving an Appeals Letter, the Vice President for Program will review all information about the incident contained in the materials and information brought before the CRC. Within 3 weeks of receiving the Appeals Letter, the Vice President for Program will make a final decision resolving the issue

Athlete Code of Conduct

A committee made up of Special Olympics athletes, coaches, staff and family members developed the following four-part Special Olympics Massachusetts Athlete Code of Conduct.

I. GENERAL GUIDELINES

- I will:
  - Learn, follow and respect the rules of Special Olympics Massachusetts.
  - Encourage teammates.
  - Have fun.

II. SPORTSMANSHIP

- I will:
  - Control my temper and my teammates' tempers, not fight with others, and not use bad language.
  - Be fair to others and not taunt other teams or players.
  - Not cheat, lie or fake injuries.
  - Keep a positive attitude.

III. TRAINING & COMPETITION

- I will:
  - Respect my coaches by attending practice on time, participating in all activities, paying attention and trying my hardest at all times.
  - Dress appropriately for games and competition, bring and keep track of the proper equipment for my sport.
  - Appreciate the efforts of my teammates and coaches, communicate and ask questions.

IV. PERSONAL RESPONSIBILITY

- I will:
  - Not smoke, drink alcohol or use illegal drugs at Special Olympics events, training and competitions.
  - Respect others' privacy and boundaries, i.e.; no flirting, or using inappropriate words or behavior.
  - Always stay with my team at Special Olympics events, training and competition or let my coach know my whereabouts.

Practice good hygiene, eat well, get the proper amount of sleep and make sure I have the proper medications, take my medications or get help and alert my coach to any changes.

Coach Code of Conduct

A SOMA coach always:

- Exemplifies the highest moral character, behavior, and leadership.
- Respects the integrity and personality of the individual athlete.
- Abides by the rules of the sport.
- Respects the integrity and judgment of sport officials.
- Demonstrates a mastery of and continuing interest in coaching.
- Encourages respect for all athletics and their value.
- Displays modesty in victory and graciousness in defeat.
- Promotes ethical relationship among coaches.
- Fulfills responsibility to provide a safe environment.
- Encourages the highest standard of conduct and achievement among all athletes.
- Strives to develop in each athlete the qualities of leadership, initiative, pride, and good judgment.
- (Most of all) Has fun and "HONORS THE SPORT!"

A SOMA Mentor / Coach / Teacher always:

- Serves as a model for behavior.
- Dresses my athletes and myself in appropriate attire.
- Keeps open communication to all.
- Is responsible for the following paper work:
  - Pre-registration
  - Final registration
  - Medicals up to date
  - All sport forms filled out
- Brings ALL copies of paperwork to all practices and competitions.
- Recognizes individual and team limitations and qualities.
- Is patient, understanding, supportive, sensitive, accountable, organized, and works hard through determination and perseverance.
- Motivates in the most positive of terms/makes it fun.

Volunteer Code of Conduct

- I will fulfill the responsibilities of my volunteer assignment.
- I will set a good example for the Special Olympics athletes.
- I will demonstrate good sportsmanship and cooperation.
- I will be vigilant and aware of the safety of the participants.
- I will not smoke while volunteering
- I will refrain from the consumption and/or use of alcoholic beverages and non-prescribed, controlled substances.
- I will seek medical attention for athletes/volunteers who show signs of injury, illness, or distress.
- I will wear my credential and I understand it must be visible during events.
- I am specifically granting permission to Special Olympics Massachusetts, to use my likeness, voice and words in media or the purpose of advertising or communicating the purposes and activities of Special Olympics.
- I understand that any infraction of the Volunteer Code of Conduct can result in, but is not limited to, my dismissal from my volunteer assignment.

Family Member Code of Conduct

As a SOMA Family member I pledge that:

- I will not force my athlete to participate in sports.
- I will remember that athletes participate to have fun and that the game is for them, not the family members.
- I will see to it that my athlete's medical form is up-to-date complete and on file.
- I will learn the rules of the game and the SOMA policies.
- I (and my guests) will be a positive role model for my athlete and encourage sportsmanship by showing respect and courtesy and by demonstrating positive support for all athletes, coaches, officials, and spectators at every game, practice, or competition.
- I (and my guests) will not engage in any kind of un-sportsmanlike conduct with any official, coach, or family member such as booing and taunting, refusing to shake hands, or using profane language or gestures.
- I will not encourage any behaviors or practices that would endanger the health and wellbeing of the athletes.
- I will teach my athlete to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my athlete treat other athletes, coaches, officials, and spectators with respect regardless of race, creed, color, sex, or ability.
- I will teach my athlete that doing one's best is more important than winning so that my athlete will never feel defeated by the outcome of a game or his/her performance.
- I will praise my athlete for competing fairly and trying hard, and I will make my athlete feel like a winner every time.
- I will never ridicule or yell at my athlete or other participants for making a mistake or losing a competition.
- I will emphasize skill development and practices and how they benefit my athlete over winning. I will also de-emphasize games and competition in lower age groups.
- I will promote the emotional and physical wellbeing of the athletes ahead of any personal desire that I may have for my athlete to win.
- I will respect the officials and their authority during games and competitions and will never question, discuss, or confront coaches during competitions. Instead, I will take time to speak with coaches at an agreed upon time and place.
- I will demand a sports environment for my athlete that is free from drugs, tobacco, and alcohol, and I will refrain from their use at all sports events and competitions.
- I will refrain from coaching my athlete or other athletes during competitions and practices.

As a SOMA Family Member I also understand that if I fail to abide by the aforementioned rules and guidelines, I may be subject to disciplinary action that could include, but not be limited to the following:

- Verbal warning by officials, coaches, and/or SOMA personnel,
- Game suspension with written documentation of incident kept on file in the Area and SOMA state office,
- Written warning,
- Game forfeit through official or coach, and/or
- Season suspension.

Healthy Athletes

Screenings are available for **FREE** to **ALL** athletes! This is a wonderful opportunity and very convenient for those participating in competition at Winter Games. Athletes will receive great take-home advice on their health in the disciplines specified below. Please make every effort to make it to a screening!

Scheduled Screenings :

- Train Saturday 4:00 pm – 8:00 pm Best Western, Marlborough
- Fun Fitness Saturday 4:00 pm – 8:00 pm Best Western, Marlborough

Olympic Town

- Saturday 6:30 — 9:00 pm Mechanics Hall Worcester

Activities will include:
Color Loft Arts & Crafts Worcester Fire Department Dragon's Breath Temporary Tattoos
St. Bernards Club Millbury Women's Club Ice Cream Social Salter School Massage Therapy
Western Theme Photo Booth Horseshoes Pin the badge on the Sheriff Beauty Queens
AND MUCH MORE!!!

Dance

- Saturday 6:30 — 9:00 pm Mechanics Hall Worcester & Best Western Marlborough

Dance Theme:
Cowboy Hoedown!

Movie

- Rango 7:00 pm Mechanics Hall Worcester

Rango is an ordinary chameleon who accidentally winds up in the town of Dirt, a lawless outpost in the Wild West in desperate need of a new sheriff.

Volunteer Information

Thank you to all the volunteers who work to make this weekend so successful. We couldn't do it without you!!

- All volunteers must be registered before their assistance can be accepted.
- Volunteers should provide a photo ID at check in.
- All volunteers 16 years of age or younger must be accompanied by a parent or other chaperone.
- Registered volunteers receive a volunteer tee shirt.

Registration will take place at the following locations:

Saturday		Sunday	
8:00 am – 12:00 pm	Athletic venues	8:00 am – 12:00 pm	Athletic venues
5:00 pm – 6:30 pm	Mechanics Hall		

Families Information & Activities

Housing:

- Hotel rooms in Worcester and Marlborough are at a premium; we do not anticipate releasing many rooms after the athletes have been housed. Any vacant rooms will be released on Tuesday, March 5th. Family members may contact hotels Tuesday to see if there are vacancies.

Meals:

- Families will be responsible for their own meals throughout the weekend. All meals provided by Special Olympics Massachusetts are for credentialed athletes, unified partners, coaches & chaperones. Please refer to page 7.

Events for Family Members:

- SOMA Dance and Olympic Town at Mechanics Hall, Worcester and the Best Western, Marlborough.
- Worcester Sharks (*508-929-0500 or www.sharksahl.co*m)
  - Saturday March 9th vs. Providence
  - Sunday March 10th vs. Portland
- Comedian, Ron White at the Hanover Theater
- Worcester Art Museum
- St Patrick's Day Parade Sunday, March 10th
- Worcester Spring Home Show (*www.worcestershows.com*)
- Clifford the dog
  - Hanover Theater March 10th

Emergency Contacts

Winter Games Operations & Medical Center:
Hilton Garden Inn • 35 Major Taylor Blvd • Suite 315 • Worcester • 508-752-5700 Room 315

Hours of Operation:

Saturday	Sunday
6:00 am – 10:00 am	6:00 am – 10:00 am
4:00 pm – 11:00 pm	

After hours call emergency number: 508-265-0741

Why call the operations center or emergency number:

- Any and all questions can be directed to the Operations Center such as
  - Event schedule questions
  - Housing issues
  - Running late due to poor weather, road construction or accidents
  - Lost athlete
  - Medical emergency
  - Lost & Found

Local Hospitals

UMass Memorial – University Campus
55 Lake Ave. North
Worcester, MA 01655
Emergency: 508-334-3511

UMass Memorial - Memorial Campus
119 Belmont St
Worcester, MA
Emergency: 508-334-6421

Heywood Hospital
242 Green St
Gardner, MA
Emergency: 978-632-3420

St. Vincent's Hospital
20 Worcester Center Blvd
Worcester, MA 01608
Emergency: 508-363-6025

Burbank Hospital
275 Nichols Rd
Fitchburg, MA
978-343-5000

Local Ambulance Services:

Worcester Emergency Medical Services	Emergency 911
City of Worcester, Shrewsbury	508-856-8551
American Medical Response	508-757-7287
Auburn Ambulance	508-832-7800
Eastcare	508-421-3999
Woods Ambulance	978-632-1530

Weather Plan

If inclement weather disrupts transportation schedules, competition schedules or other activities such as Healthy Athletes, Olympic Town, Dinner or Dance, a message will be left on both the Emergency Cell Phone and the Operations Center Phone as well as posted in your hotel lobby for Saturday evening and Sunday's events. Any urgent messages will be posted by 6:00 am. Text message will be sent to all coaches & family members who are registered in our Winter Games database who have given SOMA a valid mobile phone number. Call the Operations Center with any other questions.

Special Olympics Massachusetts Staff:

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Cassandra Anderson
Eric Archambault
Sam Baglioni
Sean Canty
John Cappiello
Angela Cenzalli
George Crotty
Ranelle Cruz
Anne Curran
Brenna Davis
Patti Doherty
Gayle Fehlmann
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Winter Games Management Team

Sandi Baima	Families
Linda Barbour	Skiing
Sue Borden	Bowling
Michelle Bouvier	Volunteers/Skiing
Cathy Capozzo	Volunteers/Basketball
Kathy Chandler	Skiing
Dara Colleary	Logistics
Christie Cutting	Evaluation
Virginia Davidson	Families/Volunteers
Pat Disken	Basketball
Jack Doyle	Officials-Basketball
Tom Flynn	Skiing
Sue Flynn	Medical/Skiing
David Holsten	Special Events
Babe Grady	Officials-Basketball
Ellen Ganley	Worcester City Liaison
Nancy Gorman	Special Events
Michelle Grahn	Bowling
Bruce Hannon	Basketball
Andrea Hevey	Basketball
Warren Kennedy	Bowling
Maggie Keene	Medical
Helen King	Basketball
Matt King	Basketball
Tom Kostizak	Event Director
Lee Lamkin	Transportation
Scott Lamkin	Basketball
Zach Lamkin	Basketball
Jay Lichtenstein	Basketball
Paul Mahan	Floor Hockey
George Martin	Basketball
Brian McCann	Medical
Tim McKay	Basketball
Tom Millett	Basketball
Sharon Mirovich	Evaluation
Cheryl Morin	Skiing
Todd Morin	Skiing
Bob Murdock	City Liaison/Basketball
David O'Doherty	Skiing
Kristen Pappas	Auburn City Liaison
Deb Piazza	Basketball/Volunteers
Gus Piazza	Basketball
Jon Samel	Basketball/Logistics
Kathy Savage	Medical
Rick Savage	Logistics/Medical
Bill Scherer	Medical
Hannah Scott Hoffman	Special Events
Don Sharron	Officials –Floor Hockey
Kevin Shea	Skiing
Jan Spence	Meals/Volunteers
Dan Smith	Bowling
Mary Stefany	Basketball
Rita Stokinger	Officials-Basketball
Bob Thebeau	Floor Hockey
Kevin Walsh	Skiing
Stacy White	Event Director
Matthew Whitty	Bowling
Brian Wales	Basketball

Special Olympics 2013 State Wide Events

Event	Date	Event Type
Celtics Night	March 13th	Awareness
Bio Ball	March 16th	Fundraiser
March Madness 3on3	March 23rd	Fundraiser
Worcester Sharks Night	March 24th	Awareness
Band Benefit	April TBD	Fundraiser
Lou Marcel Canoe Race	June 2nd	Fundraiser
Summer Games	June 7th-9th	Competition
Over the Edge	July 19th – 20th	Fundraiser
Sailing Regatta	July TBD	Competition
August Tournament	August 10th-11th	Competition
Newport RI Sailing Regatta	September TBD	Competition
Rodman Ride for Kids	September TBD	Fundraiser
RKMC Golf Tournament	September 26th	Fundraiser
Cape & Islands Equestrian	Fall TBD	Competition
North Shore Equestrian	October 5th	Competition
South Shore Equestrian	Fall TBD	Competition
Western Mass Equestrian	Fall TBD	Competition
Trick or Trot	October TBD	Fundraiser
Senior Sports	October 11th-12th	Competition
Soccer Tournament	November 3rd	Competition
Flag Football & Cheerleading	Fall TBD	Competition
Jolly Jaunts	December	Fundraiser

THANK YOU
To The Following Supporters

AMF Lanes, Auburn Chamber of Commerce, Auburn Elks, Boston Celtics, Clark University, Good Vibrations Music Service, , IAABO, Norte Dame Academy, Salter Transportation, Town of Auburn, York Street Market/Lorenzo Food Group, Worcester Academy, Worcester Public Schools

ALL OUR DEDICATED COACHES & VOLUNTEERS