

Tennis

2021 Season. Updated 2/23/2021





Return to Play 2021

- Practice Guidelines
- Competition Outline



Season Goals

- Practice & improve skill development
- Improve conditioning & fitness
- Offer in person matches

Practice





Practice

Teams may gather following Massachusetts guidelines for COVID 19

- As of March 1st indoor venues are at 50% capacity and 25 people per court, outdoor venues may have 150 person capacity per venue. Check with your facility on capacity guidelines and how many people you are allowed to have at a given practice
- Sub groups of 10 people should be formed. Recommend use same groups for every practice session
- Masks must be worn at all times.
- Social distancing protocols must be followed at all times
- No towels or equipment is to be shared



Practice

- No spectators allowed for individuals over age of 21. Only one spectator if there is a viewing area for those under age of 21
- Activities must end by 9:30pm
- All players and coaches must wash and sanitize hands upon arrival, frequently during and at conclusion of practice
- All equipment must be sanitized prior to start of, frequently during, in between each athlete use and at end of practice
- All individuals attending practice must take a COVID 19 screening prior to start of practice, (*refer to return to play power point in [coaches resource section](#) of SOMA website*)

Competition





In Person Matches

- Scrimmages
 - Teams are allowed to scrimmage against other teams. May only play one team per day
- SOMA is planning for multiple in person events

Questions?

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