

Bocce

2021 Season. Updated 03/5/2021





Return to Play 2021

- Practice Guidelines
- Competition Outline



Bocce Season Timeline

- 2021 Season
 - Teams can practice and scrimmage as soon as they would like/when weather allows
 - Competition- July & August
 - Will add more in fall if there is interest

Practice





Practice

Teams may gather following Massachusetts guidelines for COVID 19

- As of March 1st outdoor venues may have 150 person capacity per venue. Check with your facility on capacity guidelines and how many people you are allowed to have at a given practice
- Masks must be worn at all times by everyone
- Social distancing protocols must be followed at all times
- Recommended use same groups for every practice session



Practice

- No spectators allowed for individuals over the age of 21. Only one spectator if there is a viewing area for those under the age of 21
- All athletes and coaches must wash and sanitize hands upon arrival, frequently during, and at conclusion of practice
- All equipment must be sanitized prior to start of, frequently during, and at end of practice
- All individuals attending practice must take a COVID 19 screening prior to start of practice, (*refer to return to play power point in [coaches resource section](#) of SOMA website*)

Competition





Competition Opportunities

- In Person Competition
 - Scrimmages
 - Teams may set up scrimmages against other teams. May only play one team per day.
 - Local Events



In Person Local Events

- Special Olympics MA is planning for three events this summer
 - West- TBD
 - East- Saturday, August 7th at Union Point, Weymouth
 - Central – Saturday, August 20th at Forekicks, Marlborough
- Each event will have a quota based on COVID guidelines, and time restrictions.
- Athletes may register for multiple events
- Depending on program interest, registration, and COVID restrictions SOMA will add additional local events
- **Events will be outdoors**

At Home Activity





At Home Activity

- Strength and Conditioning Challenge
 - Program that allows participants to select a handful of exercises they will focus on for training and compete against other participants over the course of a pre-determined season length. Our goal is to have athletes challenge themselves and improve their fitness so that it will translate onto the playing field.

Questions?

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