Bowling

2021 Season. Updated 11/13/2020
Return to Play 2020 -2021

• Practice Guidelines
• Competition Outline
Bowling Season Time Line

• **Season**
  • October 1\textsuperscript{st} - April 4\textsuperscript{th}
• **Session One**
  • October – February
• **Session Two**
  • February - April
Session Outcomes

Session One
• Practice
• Conditioning & Fitness
• Gather scores submit to SOMA
• Scrimmages may be set up between teams

Session Two
• Continue with session one outline
• Competition begins
• Scrimmages between teams may be set up
• Awards will be awarded at end of session two
Practice
Practice

Teams may gather following Massachusetts guidelines for COVID 19

• Max of 25 people per practice session teams must check with their local alley on capacity guidelines.
  • 25 head count includes all participants, coaches and volunteers
  • Max two individuals per lane. Individuals must stay on assigned lane are not to change lanes
  • Masks must be worn at all times by everyone
  • Social distancing protocols must be followed at all times
  • Bowling Balls are not to be shared. Each individual is to use their own ball
  • Recommended use same groups for every practice session
Practice

- No spectators allowed
- Activities must end by 9:30pm
- All players and coaches must wash and sanitize hands upon arrival, frequently during and at conclusion of practice
- All equipment must be sanitized prior to start of, frequently during and at end of practice
- All individuals attending practice must take a COVID 19 screening prior to start of practice, (*refer to return to play power point in coaches resource section* of SOMA website)
Scrimmages
Scrimmages

Teams may scrimmage vs other teams following Massachusetts guidelines for COVID 19

- No more then 25 people indoors, this includes everyone
- Masks must be worn at all times by everyone
- No spectators allowed
- Activities must end by 9:30pm
- May only play one team per day, may play multiple games vs that team
- All players and coaches must wash and sanitize hands upon arrival, during and after scrimmage
- All equipment must be sanitized prior to, frequently during and after scrimmage
- All individuals attending must take a COVID 19 screening prior to start of scrimmage, (refer to return to play power point on coaches resources section of SOMA website)
Competition
Competition Opportunities

• At Practice
  • Teams designate a practice in which players on team compete against each other. Special Olympics MA to provide awards based on predetermined divisions

• Virtual
  • Players are divisioned against others from across state in a virtual competition. Awards provided at conclusion of season
How Virtual Competition will work

Session One

• Players or coaches submit all scores accumulated from session one to Special Olympics MA
• Special Olympics MA will take average of all scores to create players final score
• Special Olympics MA will use final score to division players vs other players from across the state
How Virtual Competition will work

**Session Two**

- Virtual Competition begins
- Players / Unified Teams divisioned vs other players / unified teams from across the state.
- Divisions will follow SOI divisioning guidelines and no fewer then 3 and no more then 8 per division
- Players submit all scores during this time. Special Olympics MA will take average of all scores to create players final score
- Leaderboard will be posted weekly on Special Olympics MA website so players may see where they stand in relation to others with in their division
- Awards to be given out at end of season based on final standings with in each division
Questions?

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or

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