



We are excited to share that St. Mark's School, in Southborough, MA, will be hosting a Level 1 Young Athletes program this 2023 winter season!

Young Athletes (Level 1) is an introductory sport and play program for children with and without intellectual disabilities ages 2-7. The focus is on fun activities that aid in the development of motor skills through running, jumping, balancing, throwing, kicking, catching and more! Activities covered during a Level 1 Young Athletes class can be referenced in the [Young Athletes Activity Guide](#).

Young Athletes offers families, teachers, caregivers and people from the community the chance to share the joy of sports with all children. Children of all abilities can take part and they all benefit!



ST. MARK'S SCHOOL



**Dates:** Saturday Mornings

- January 7th
- January 14th
- January 28th
- February 11th
- February 25th

**Time:** 9:30 am - 10:30 am

**Where:** St. Mark's School (Michel Faculty Center)  
o 25 Marlboro Rd, Southboro, MA 01772

To participate, please first complete the online registration form by following the link below or scanning the QR code above.

[www.specialolympicsma.org/StMarksYA](http://www.specialolympicsma.org/StMarksYA)

If you have any questions please reach out to:  
[ops@specialolympicsma.org](mailto:ops@specialolympicsma.org)

