Some fun links:
https://www.youtube.com/watch?v=sqc6tJv Dbc&feature=youtu.be
Brown Bear Song
https://resources.specialolympics.org/YAFamilies
Young Athletes at Home Resources

Brown Bear, Brown Bear, What Do You See?
Author: Bill Martin, Jr.
Practices: gross motor activities

Movement Ideas to try at home:
Always remember to do activities that are at your child’s physical level. Make sure to try and show the movements first before practicing them.

Brown Bear – Do bear walking around the room. Mix it up by doing it slow, fast, forward and backward. This is a great full body movement.

Red Bird – Flap your arms like a bird. Children can do this slow or fast. You can also do a variation with this by holding arms back making a v and zooming around the room.

Yellow Duck – Waddle like a duck. This is fun to quack at the same time. Move forward and backward with this motion.

For more movement ideas, please visit:

Craft Activities

Brown Bear Puppet Craft:
Supplies needed: brown construction paper, pom pom for nose, googly eyes, glue, brown lunch bag and scissors

Download the Brown Bear Puppet Tracing Patterns and print out on plain paper or card stock. Cut out the circles to use as tracing pattern for the puppet.
https://www.coffeecupsandcrayons.com/brown-bear-puppet-craft/

You can also have your children trace and cut out the construction paper circles or you can have them already prepped for them to glue. Once the Brown Bear puppet has been constructed let the kids decorate their puppet however they want.

Color Scavenger Hunt:
Supplies needed: paper bags (gift bags), colored paper, and labels.

Start by taping or gluing a colored piece of paper to the paper bags. With each bag, go on a color hunt around the house, looking for items that both matched the color of the bag and would also fit in the bags. Then at the end, go through each bag to see what was found.

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