

Tennis

2021 Season. Updated 5/25/2021





Return to Play 2021

- Practice Guidelines
- Competition Outline



Season Goals

- Practice & improve skill development
- Improve conditioning & fitness
- Offer in person matches

Practice





Practice

Teams may gather following Massachusetts guidelines for COVID 19

- Please refer to the [Phase 4 Return to Play Document](#) for the most up-to-date gathering guidelines
 - Gathering allowances will be increased however Training and Competition organizers must work with **each facility operator** to confirm parameters of capacity and still must allow for all sanitizing and social distance guidance within facility.
- Although the Mask order has been relaxed for outdoor sports as of May 18, all SOMA activities **will remain operating with a Mask order at least through June 30, 2021** when athletes cannot social distance and for all indoor activities.
- Social distancing protocols must be followed at all times
- No towels or equipment is to be shared



Practice

- For the state of Massachusetts, spectators are now allowed at sporting events, however local and facility guidance must be adhered to at all times. If local and facility guidance equals that of the state, the Special Olympics MA guidance will be as follows:
 - **Practices:** Spectators must remain outside the playing area at all times and where a mask. If within the playing area, they must be screened and counted as part of the head count for that specific playing area.
- All players and coaches must wash and sanitize hands upon arrival, frequently during and at conclusion of practice
- All equipment must be sanitized prior to start of, frequently during, in between each athlete use and at end of practice
- All individuals attending practice must take a COVID 19 screening prior to start of practice, (*refer to return to play power point in [coaches resource section](#) of SOMA website*)

Competition





In Person Matches

- Scrimmages
 - Teams are allowed to scrimmage against other teams.
- SOMA is planning for in person events
 - Each event will have a quota based on COVID guidelines, and time restrictions.
 - All Return to Play guidelines can be found in the [Phase 4 Return to Play Document](#) on the Return to Play Resource Page
 - For the state of Massachusetts, spectators are now allowed at sporting events, however local and facility guidance must be adhered to at all times. If local and facility guidance equals that of the state, the Special Olympics MA guidance will be as follows:
 - **Competitions:** Spectator areas will be established at all SOMA events where allowed. Spectators will be required to wear a mask and to follow all rules of spectator area.

Questions?

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