

# Bowling

2021 Season. Updated 12/22/2020





# Return to Play 2020 -2021

- Practice Guidelines
- Competition Outline



# Bowling Season Time Line

- Season
  - October 1<sup>st</sup> - April 4<sup>th</sup>
- Session One
  - October – February
- Session Two
  - February - April



# Session Outcomes

## Session One

- Practice
- Conditioning & Fitness
- Gather scores submit to SOMA
- Scrimmages may be set up between teams

## Session Two

- Continue with session one outline
- Competition begins
- Scrimmages between teams may be set up
- Awards will be awarded at end of session two

# Practice





## Massachusetts Status – As of December 26

Effective December 26, enhanced measurements were put in statewide reverting to Phase III, Step 1 that effects Special Olympics MA as follows:

- Gathering allowances for all public facilities are now 10 for all indoor activities no matter what level of risk. Outdoor facilities limit is 25 no matter what level of risk. ***However, youth sports, high school sports and amateur adult sports programs are exempt from the 25% capacity and can be implemented under the 25 indoors and 50 outdoor capacity limits. Facilities such as Bowling Centers must comply with the overall capacity limit, so all facility limits should be confirmed as we move through the next couple of weeks.***
- Masks must be worn at all times for anyone over the age of 5.
- All activities must be completed by 9:30pm.
- Special Olympics Massachusetts office will be reduced to 25% capacity.



# Practice

Teams may gather following Massachusetts guidelines for COVID 19

- Max of 25 people per practice session teams must check with their local alley on capacity guidelines.
  - 25 head count includes all participants, coaches and volunteers
- Max two individuals per lane. Individuals must stay on assigned lane are not to change lanes
- Masks must be worn at all times by everyone
- Social distancing protocols must be followed at all times
- Bowling Balls are not to be shared. Each individual is to use their own ball
- Recommended use same groups for every practice session



# Practice

- No spectators allowed
- Activities must end by 9:30pm
- All players and coaches must wash and sanitize hands upon arrival, frequently during and at conclusion of practice
- All equipment must be sanitized prior to start of, frequently during and at end of practice
- All individuals attending practice must take a COVID 19 screening prior to start of practice, (*refer to return to play power point in [coaches resource section](#) of SOMA website*)



# Scrimmages





# Scrimmages

Teams may scrimmage vs other teams following Massachusetts guidelines for COVID 19

- No more than 25 people indoors, this includes everyone
- Masks must be worn at all times by everyone
- No spectators allowed
- Activities must end by 9:30pm
- May only play one team per day, may play multiple games vs that team
- All players and coaches must wash and sanitize hands upon arrival, during and after scrimmage
- All equipment must be sanitized prior to, frequently during and after scrimmage
- All individuals attending must take a COVID 19 screening prior to start of scrimmage, (refer to return to play power point on [coaches resources section](#) of SOMA website)

# Competition





# Competition Opportunities

- At Practice
  - Teams designate a practice in which players on team compete against each other. Special Olympics MA to provide awards based on predetermined divisions
- Virtual
  - Players are divisioned against others from across state in a virtual competition. Awards provided at conclusion of season



# How Virtual Competition will work

## Session One

- Players or coaches submit all scores accumulated from session one to Special Olympics MA
- Special Olympics MA will take average of all scores to create players final score
- Special Olympics MA will use final score to division players vs other players from across the state



# How Virtual Competition will work

## Session Two

- Virtual Competition begins
- Players / Unified Teams divisioned vs other players / unified teams from across the state.
- Divisions will follow SOI divisioning guidelines and no fewer than 3 and no more than 8 per division
- Players submit all scores during this time. Special Olympics MA will take average of all scores to create players final score
- Leaderboard will be posted weekly on Special Olympics MA website so players may see where they stand in relation to others with in their division
- Awards to be given out at end of season based on final standings with in each division

# Questions?

ops @specialolympicsma.org

or

Matt.Ruxton@specialolympicsma.org

