

# Return to Play Guidelines



Take active measures to remain socially distant.

Masks are strongly recommended for all participants. All individuals who are unvaccinated must wear a mask at all times.

Wash your hands often with soap and water for at least 20 seconds.



Cover your cough or sneeze with your elbow or tissue, and wash or sanitize hands.

Use disinfectant after coming into contact with frequently touched objects and surfaces such as sporting equipment.

Avoid touching your eyes, nose or mouth.