

# Bowling

2021 Season. Updated 2/26/2021





# Return to Play 2020 -2021

- Practice Guidelines
- Competition Outline



# Bowling Season Time Line

- Season
  - October 1<sup>st</sup> - April 4<sup>th</sup>
- Session One
  - October – February
- Session Two
  - February - April



# Session Outcomes

## Session One

- Practice
- Conditioning & Fitness
- Gather scores submit to SOMA
- Scrimmages may be set up between teams

## Session Two

- Continue with session one outline
- Competition begins
- Scrimmages between teams may be set up
- Awards will be awarded at end of session two

# Practice





## Massachusetts Status – As of March 1st

Effective March 1st, enhanced measurements were put in statewide reverting to Phase III, Step 2 that effects Special Olympics MA as follows:

- Gathering allowances for all recreational facilities is now 50% of total capacity for all indoor activities no matter what level of risk.
- Masks must be worn at all times for anyone over the age of 5.
- All activities must be completed by 9:30pm.



# Practice

Teams may gather following Massachusetts guidelines for COVID 19

- Teams must check with alley on their capacity limitations and how their program fits into the alley's overall capacity guidelines
- Max two individuals per lane. Individuals must stay on assigned lane are not to change lanes
- Masks must be worn at all times by everyone
- Social distancing protocols must be followed at all times
- Bowling Balls are not to be shared. Each individual is to use their own ball
- Recommended use same groups for every practice session



# Practice

- No spectators allowed
- Activities must end by 9:30pm
- All players and coaches must wash and sanitize hands upon arrival, frequently during and at conclusion of practice
- All equipment must be sanitized prior to start of, frequently during and at end of practice
- All individuals attending practice must take a COVID 19 screening prior to start of practice, (*refer to return to play power point in [coaches resource section](#) of SOMA website*)



# Scrimmages





# Scrimmages

Teams may scrimmage vs other teams following Massachusetts guidelines for COVID 19

- No more than 25 people indoors, this includes everyone
- Masks must be worn at all times by everyone
- No spectators allowed
- Activities must end by 9:30pm
- May only play one team per day, may play multiple games vs that team
- All players and coaches must wash and sanitize hands upon arrival, during and after scrimmage
- All equipment must be sanitized prior to, frequently during and after scrimmage
- All individuals attending must take a COVID 19 screening prior to start of scrimmage, (refer to return to play power point on [coaches resources section](#) of SOMA website)

# Competition





# Competition Opportunities

- At Practice
  - Teams designate a practice in which players on team compete against each other. Special Olympics MA to provide awards based on predetermined divisions
- Virtual
  - Players are divisioned against others from across state in a virtual competition. Awards provided at conclusion of season



# How Virtual Competition will work

## Session One

- Players or coaches submit all scores accumulated from session one to Special Olympics MA
- Special Olympics MA will take average of all scores to create players final score
- Special Olympics MA will use final score to division players vs other players from across the state



# How Virtual Competition will work

## Session Two

- Virtual Competition begins
- Players / Unified Teams divisioned vs other players / unified teams from across the state.
- Divisions will follow SOI divisioning guidelines and no fewer than 3 and no more than 8 per division
- Players submit all scores during this time. Special Olympics MA will take average of all scores to create players final score
- Leaderboard will be posted weekly on Special Olympics MA website so players may see where they stand in relation to others with in their division
- Awards to be given out at end of season based on final standings with in each division

# Questions?

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